

# Wellbeing, Resilience and Heritage in Times of Crisis **Findings from the RESILIAGE Project**

Monday, 27 October 2025 · 16:00-17:00 CET

#### Welcome remarks

Lodovico Folin Calabi, UNESCO Representative to the European Union

Rosa Tamborrino, RESILIAGE coordinator, Polytechnic of Turin, Italy

## Wellbeing and crises: testimonies from the first responders

Marita Hoel Fossen, Red Cross, Norway Vitor Reis, National School of Firefighters, Portugal

#### Conceptual explanation of Wellbeing during crises

Aude Naud, University of Nîmes, France

### Heritage and wellbeing: Literature review, case studies, and outcomes

Giulia Maria Mezzalama, Polytechnic of Turin, Italy

### Enhancing wellbeing through training & citizen involvement methodologies

Veronika Takacs, DEEPBLUE, Italy

#### **Q&A & takeaways**

 Your questions answered, plus a quick recap you can share with colleagues.



#### Register now!

event/wellbeingresilience-and-heritagefindings-from-the-



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